

# SKIN TYPE EVALUATION

Name: \_\_\_\_\_

Date: \_\_\_\_\_

## POINTS

	0	1	2	3	4	Score
What color are your eyes?	Light blue, grey, green	Blue, gray, green	Blue	Dark brown	Brownish black	
What is the natural color of your hair?	Sandy red	Blonde	Chestnut, Dark blonde	Dark Brown	Black	
What is the color of your skin (non-exposed areas)?	Reddish	Very Pale	Pale with beige tint	Light brown	Dark brown	
Do you have freckles on unexposed areas?	Many	Several	Few	Incidental	None	

Total for Genetic Disposition = \_\_\_\_\_

	0	1	2	3	4	Score
What happens when you stay too long in the sun?	Painful redness, blistering, peeling	Blistering followed by peeling	Burns, sometimes followed by peeling	Rarely burns	Never burns	
To what degree do you turn brown?	Rarely or never	Light color tan	Reasonable tan	Tans very easily	Always turns dark brown	
Do you turn dark brown within several hours of sun exposure?	. Never	Seldom	Sometimes	Often	Always	
How does your face respond to sun exposure?	Very sensitive	Sensitive	Normal	Very resistant	Never had any problem	

Total for Response to Sun Exposure = \_\_\_\_\_

	0	1	2	3	4	Score
When did you last expose your Face/body to sun (including Artificial exposure)?	More than 3 months ago	2-3 months ago	1-2 months ago	Less than 1 month ago	Less than 2 weeks ago	
Did you expose the area to be treated to sun?	Never	Seldom	Sometimes	Often	Always	

Total for Tanning Habits = \_\_\_\_\_

Total for Genetic Disposition = \_\_\_\_\_  
 Total for Response to Sun Exposure = \_\_\_\_\_  
 Total for Tanning Habits = \_\_\_\_\_  
**TOTAL SKIN TYPE SCORE = \_\_\_\_\_**

Total Score	Fitzpatrick Skin Type
0-7	I
8-16	II
17-25	III
25-30	IV
Over 30	V