

Central Carolina MEDI SPA



MASSAGE THERAPY MENU

Tension Tamer:

The ultimate remedy for tension and chronic headaches. A massage that is focused on the scalp, neck, and upper shoulders utilizing heated Bamboo to relax and soothe the muscles.

60 Min Session/\$85

Meadowlands Express:

Don't have time for an hour? The Meadowlands express is for you. Choose a 30 minute relaxation or deep tissue massage focused on your back, neck, and shoulders.

30 Min Relaxation Session/\$45

30 Min Deep Tissue Session/\$50

Relaxation Massage:

Relax and enjoy as you recover from the stresses of the day. A smooth, flowing massage that promotes peace of mind and well being.

60 Min Session/\$70

90 Min Session/\$115

Deep Tissue Massage:

This Deep Tissue Massage is beneficial in releasing chronic muscle tension. This massage is customized to fit your individual needs. The therapist will create a massage session that is unique to you.

60 Min Session/\$90

90 Min Session/\$125

Styx and Stones Massage:

The perfect ending to a long day. Heated Bamboo will help melt your trouble areas. The heat of the bamboo allows the therapist to work deep without the feeling of Deep Tissue. Hot stones are used to give you the most luxurious foot massage you have ever had.

90 Min Session/\$130

120 Min Session/\$160
